

# Antihistamine Therapy for Dogs



For: \_\_\_\_\_

Weight: \_\_\_\_\_

DRUG	FORMULATION	DOSE	WEIGHT OF YOUR DOG IN KG						MAX INTERVAL
			1-2.5 kg	2-2.5 kg	5-10 kg	10-15 kg	15-25 kg	Over 25 kg	
<b>Diphenhydramine (Benadryl)</b>	2.5 mg/ml (liquid) 25 mg capsules	2.0 mg/kg	1/2 teaspoon	1 teaspoon	1 tablet	1 tablet	2 tablets	2 tablets	Every 8 hours max. Try every 12 hours first
<b>Chlorpheniramine (Chlortripolon) NOT Chlortripolon ND</b>	0.5 mg/ml (liquid) 4 mg and 8 mg tablets	<b>Max</b> 0.5 mg/kg	1/8 to 1/4 teaspoon	1/2 to 1 teaspoon	1 x 4mg tablet	2 tablets	2 1/2 tablets	3 tablets	Every 12 hours
<b>Clemestine (Tavist)</b>	0.134 mg/ml (liquid), 1.34 mg tablets	0.05-10 mg/kg	1/8 to 1/4 teaspoon	1/4 to 1/2 teaspoon	1/2 tablet	1/2 to 1 tablet	1 to 1 1/2 tablets	1 1/2 to 2 tablets	Every 12 hours

## THE FOLLOWING DRUGS ARE BY PRESCRIPTION ONLY

<b>Hydroxyzine (Atarax)</b>	2 mg/ml (liquid) 10 mg, 25 mg and 50 mg capsules	1-2 mg/kg	1/4 to 1/2 teaspoon	1/2 to 1 teaspoon	1 to 2 x 10 mg capsule	1 x 25 mg capsule	1 x 50 mg capsule	2 x 50 mg capsule	Every 8 hours
<b>Trimeprazine Tartrate (Panectyl)</b>	0.5 mg/ml (liquid) 2.5 mg tablets	0.5 mg/kg	1/8 to 1/4 teaspoon	1 to 2 teaspoons	1-2 tablets	2-3 tablets	3-4 tablets	5 tablets	Every 12 hours

Keep in mind that all of these medications are not licensed for use in dogs and are what we call off-label use. This means that there are some increased risks in using these as there are not full clinical trials available in some cases. Use these drugs as prescribed and as infrequently as possible to reduce chances of side effects. Try each antihistamine for a minimum of 5-7 days before assuming that it is ineffective. As in people, antihistamine effectiveness seems to vary from individual to individual. Any abnormal side effects should be reported to your veterinarian immediately and the drug stopped until you obtain advice. Do not exceed doses listed above or administer more frequently than recommended.